

Rerum® Dosage Recommendations

Note: Rerum® has a blood thinning effect, similar to heparin, so people on anticoagulant drugs, need to be under medical supervision.

For people in a seriously immune compromised condition.

- Shake well before use. Start with 0.2ml (4 drops) per day for 5 days, then 2 days interval. Continue on this cycle.
- However, if required for greater immune support, then take 0.5ml per day for 5 days, then 2 days interval. Continue on this cycle.
- Finally, for the greatest immune support, then take 1ml every other day OR every day if needed.

Rerum® Blue for children (also sensitive people may need this reduced dose).

- Shake well before use. Start with 0.1ml (2 drops) every 3 days.
- Gradually increase or reduce dose, as tolerated, to create desired effect.
- Maximum dose for these individuals may be only up to 0.3ml every 3 days.

Administration

Orally - under the tongue

- Keep in the mouth for at least 2 minutes to support absorption by the oral mucosa.
- Then swallow. The bioavailability of Rerum® is increased by digestion.
- Do NOT drink or eat for at least 30 minutes after taking.



How to apply the Oral Dosage Dispenser to Rerum Vials - AFTER removal of the blue or white tamper disk (not in picture) sealing the vial top.

How to remove contents of vial for oral administration.

1. Prise blue or white tamper disk from top of vial.
2. Install "blue ring apparatus" to top of vial as seen in above 4 image sequence. Be careful to keep vial upright so as not to spill contents.
3. Twist the short end of the white "H" connector into the top of the blue ring apparatus. (approx 1/4 turn until firm)
4. Then locate closed syringe into top of "H" connector so now connected to vial in airtight seal.
5. Invert vial, with syringe underneath, and draw syringe open to the required amount (i.e. 0.2ml).
6. Turn vial upright and remove syringe from vial. Place upright vial carefully away and administer oral dose sublingually.

Note: Vial to be resealed by untwisting "H" connector from top of the blue ring apparatus and placing small white sealing cap onto apparatus.